Degree Checklist-BKIN ES&T Option	
Kine Core (C- or better) – 51hrs	ES&T Core (B- or better) - 18hrs
 □ KINE 1013 Foundations □ KINE 1113 Research Methods in Kinesiology □ KINE 1213/1210L Growth & Motor Development □ KINE 1243 Historical Aspects of Physical Activity & Sport in Canada □ KINE 1333/1330L Care & Prevention of Athletic Injuries □ KINE 1413/1410L Human Anatomy 1 □ KINE 2033/2030L Biomechanics □ KINE 2253 Sociological Aspects of Physical Activity & Sport □ KINE 2413/2410L Applied Human Physiology 1 □ KINE 2423/2420L Applied Human Physiology 2 □ KINE 2433 Psychological Aspects of Physical Activity & Sport □ KINE 3013/3010L Exercise Physiology □ KINE 3053/3050L Human Anatomy 2 □ KINE 3213/3210L Motor Learning □ KINE 3363 Philosophical Aspects of Physical Activity & Sport □ KINE 4633 Senior Seminar □ 2 Activity Labs 	 □ KINE 3343/3340L Fitness Programming □ KINE 3393/3390L Physiology Assessment □ KINE 4013/4010L Training Methods □ KINE 4193 Exercise Science Training Practicum □ KINE 4203 Exercise Science Clinical Practicum □ KINE 4693 Physical Activity and Chronic Conditions Arts & Science Electives – 27hrs □ Arts Elective □ Arts Elective □ MATH 1253/1250L Statistics 1 □ BIOL 1853/1850L Applied Human Biology 1 □ BIOL 1863/1860L Applied Human Biology 2 □ Arts or Science Elective
Communication Core (C- or better) – 3hrs	University Electives – 21hrs
COMM 1013 Communication for Kinesiology	☐ University Elective ☐ University Elective
Non-Credit	☐ University Elective
☐ KINE 1100 First Aid & CPR (Non-credit) ☐ KINE 3100 Professional Development (Non-credit)	☐ University Elective ☐ University Elective ☐ University Elective ☐ University Elective

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